





APPROVED: \_\_\_\_\_\_\_J. Pasnaka 30.06.2025.

## STUDY SCHEDULE / Nodarbību saraksts 16.06.2025-23.07.2025

Introductory course for citizens of third countries about life in Latvia / Ievadkurss trešo valstu pilsoņiem at HOTEL SCHOOL Hotel Management College, 36 academic hours / "HOTEL SCHOOL" Viesnīcu biznesa koledžā, 36 ak. stundas Project No. / projekta nr. PMIF/13.3./2023/1/03

Address: Smilsu Str. 3, 4th floor, Riga / Adrese: Smilšu iela 3, 4. stāvs, Rīga

Group / Gruppa: IK19-JUN25 (Monday and Wednesday evenings plus two Saturdays in English / pirmdienas un trešdienas vakari, kā arī divas sestdienas angļu valodā)

Date / Datums	Time / Laiks	Topic / Tēma	Teacher / Pasniedzējs	Classroom / Auditorija
Monday, June 16, 2025	17:30-17:45	Information on the Introductory Course Programme and Schedule, Attendace Rules and Certification	No. Stolarova	40
	17:45-19:00	Short History of Latvia	E. Ādmīdiņš	40
	19:00-19:30	Coffee Break	R. Artamonovs	Restaurant Lab
	19:30-20:30	Documentary "Baltic Tribes"	E. Ādmīdiņš	40
Wednesday, June 18, 2025	17:30-18:45	Latvian Cultural Traditions	E. Ādmīdiņš	40
	18:45-19:15	Coffee Break	R. Artamonovs	Restaurant Lab
	19:15-20:30*	Documentary "Baltic Tribes"	E. Ādmīdiņš	40
Wednesday, June 25, 2025	17:30-18:45	Political System of Latvia	I. Vanaga	40
	18:45-19:15 19:15-20:30*	Coffee Break Riga Sightseeing Tour (including Parliament Building)	R. Artamonovs I. Vanaga	Restaurant Lab Field Trip
Saturday, June 28,	10:00-11:30	Visit to the Latvian National Museum of History	E. Ādmīdiņš	Field Trip
2025 Monday, June 30, 2025	17:30-18:45	Educational System in Latvia	E. Ādmīdiņš	40
	18:45-19:15	Coffee Break	R. Artamonovs	Restaurant Lab
	19:15-20:30*	Labour legislation	Ādmīdiņš	40
	17:30-18:15	Accommodation Rentals in Latvia	· ·	40
Wednesday, July 2, 2025	18:15-18:30	Coffee Break	I. Vanaga	Restaurant Lab
	18:30-19:15	Accommodation Rentals in Latvia		40
	19:15-19:30	Break		
	19:30-20:15	Accommodation Rentals in Latvia		40
	20:15-20:30	Break		
Monday, July 7, 2025	17:30-18:45	Overview of the Most Important State Institutions and their Services in Latvia	I. Vanaga	40
	18:45-19:15	Coffee Break		Restaurant Lab
	18:30-19:15	Overview of the Most Important State Institutions and their		40
	19:15-19:30	Services in Latvia Break		
	19:30-20:15	Healthcare System in Latvia, Appointment with a Doctor		40
	20:15-20:30	Break		40
Wednesday, July 9, 2025	17:30-18:15	Healthcare System in Latvia, Appointment with a Doctor	I. Vanaga	40
	18:15-18:30	Coffee Break		Restaurant Lab
	18:30-19:15	Job search in Latvia (Vacancies, CV, Job Interviews)		40
	19:15-19:30	Break		
	19:30-20:15	Job search in Latvia (Vacancies, CV, Job Interviews)		40
	20:15-20:30	Break		
Monday, July 14, 2025	17:30-18:45	Social Insurance System in Latvia	I. Vanaga	40
	18:45-19:15	Coffee Break		Restaurant Lab
	18:30-19:15	Receiving Pension, Disability, Unemployment, Childcare		40
	19:15-19:30	Allowance and other Benefits Break		
		Receiving Pension, Disability, Unemployment, Childcare		40
	19:30-20:15	Allowance and other Benefits		40
	20:15-20:30	Break		
Wednesday, July 16, 2025	16:00-16:45	Visit to the Ethnographic Open-Air Museum of Latvia		Field Trip
	16:45-17:00	Break		
	17:00-17:45	Visit to the Ethnographic Open-Air Museum of Latvia		
	17:45-18:00	Break	I. Vanaga	
	18:00-18:45 18:45-19:00	Visit to the Ethnographic Open-Air Museum of Latvia Break		
	19:00-19:45	Visit to the Ethnographic Open-Air Museum of Latvia		
	19:45-20:00	Break		
Monday, July 21, 2025	17:00-17:45	Visit to the National Library of Latvia	E. Ādmīdiņš	
	17:45-18:00	Break		
	18:00-18:45	Visit to the National Library of Latvia		Field Trip
	18:45-19:00	Break		
	19:00-19:45	Visit to the National Library of Latvia		
	19:45-20:00	Cofee Break		Restaurant Lab
Wednesday, July 23, 2025	17:30-18:15	Shopping and Public Transport		40
	18:15-18:30	Coffee Break		
	18:30-19:15	Payments for Internet, Telephone and other Services	E. Ādmīdiņš	40
	19:15-19:30	Break	,	
	19:30-20:15	Money School		40
	20:15-20:30	Introductory Course Participants' Satisfaction Survey END OF THE COURSE / KURSA BEIGAS		Online

<sup>\*</sup> including 15 min break / ieskaitot 15 min pauzi