





APPROVED: 25.09.2025.

STUDY SCHEDULE / Nodarbibu saraksts 14.10.2025-16.12.2025
Introductory course for citizens of third countries about life in Latvia / levadkurss trešo valstu pilsoņiem at HOTEL SCHOOL Hotel Management College, 36 academic hours / "HOTEL SCHOOL" Viesnīcu biznesa koledžā, 36 ak. stundas Project No. / projekta nr. PMIF/13.3./2023/1/03
Address: Smilsu Str. 3, 4th floor, Riga / Adress: Smilsu iela 3, 4. stāvs, Rīga
Group / Gruppa: IK2-0K25 (Monday evenings plus some Saturdays in English /

pirmdienas vakari, kā arī dažas sestdienas angļu valodā)

Date / Datums	Time / Laiks	Topic / Tēma	Teacher / Pasniedzējs	Classroom / Auditorija
Tuesday, October 14, 2025	17:30-17:45 17:45-18:30	Information on the Introductory Course Programme and Schedule, Attendace Rules and Certification Short History of Latvia	N. Stolarova I. Vanaga	
	18:30-18:45	Coffee Break		42
	18:45-19:30 19:30-19:45	Short History of Latvia Break		
	19:45-20:30	Latvian Cultural Traditions		
Tuesday, October 21, 2025	17:30-18:15	Latvian Cultural Traditions		
	18:15-18:30	Coffee Break		
	18:30-19:15 19:15-19:30	Documentary "Baltic Tribes" Break	E. Ādmīdiņš	42
	19:30-20:15	Documentary "Baltic Tribes"		
	20:15-20:30	Break		
Tuesday, October 28, 2025	17:30-18:15	Political System of Latvia		
	18:15-18:30	Coffee Break		
	18:30-19:15 19:15-19:30	Political System of Latvia Break	I. Vanaga	42
	19:30-20:15	Political System of Latvia		
	20:15-20:30	Break		
Saturday, November 1, 2025	10:00-10:45	Visit to the Ethnographic Open-Air Museum of Latvia		
	10:45-11:00 11:00-11:45	Break Visit to the Ethnographic Open-Air Museum of Latvia		
	11:45-12:00	Break	E. Ādmīdiņš	Field Trip
	12:00-12:45	Visit to the Ethnographic Open-Air Museum of Latvia		
	12:45-13:00	Break		
	13:00-13:45 13:45-14:00	Visit to the Ethnographic Open-Air Museum of Latvia		
	17:30-18:15	Break Accommodation Rentals in Latvia		
Tuesday, November 4, 2025	18:15-18:30	Coffee Break		
	18:30-19:15	Accommodation Rentals in Latvia	I. Vanaga	42
	19:15-19:30	Break	rumgu	12
	19:30-20:15 20:15-20:30	Accommodation Rentals in Latvia Break		
Tuesday, November 11, 2025	17:30-18:15	Educational System in Latvia		
	18:15-18:30	Coffee Break		
	18:30-19:15	Educational System in Latvia	E. Ādmīdiņš	42
	19:15-19:30 19:30-20:15	Break Labour legislation		
	20:15-20:30	Break		
Saturday, November 15, 2025	10:00-10:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)		
	10:45-11:00	Coffee Break		
	11:00-11:45 11:45-12:00	Riga Historical City Tour (incl. Museum of the Barricades of 1991) Break	I. Vanaga	Field Trip
	12:00-12:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)		
	12:45-13:00	Break		
Saturday, November 22, 2025	10:00-10:45	Visit to the National Library of Latvia		
	10:45-11:00 11:00-11:45	Break	E. Ādmīdiņš	Field Trip
	11:45-12:00	Visit to the National Library of Latvia Break		
Tuesday, November 25, 2025	17:30-18:15	Overview of the Most Important State Institutions and their Services in Latvia		
	18:15-18:30	Coffee Break		
	18:30-19:15	Overview of the Most Important State Institutions and their Services in Latvia	I. Vanaga	42
	19:15-19:30 19:30-20:15	Break Healthcare System in Latvia, Appointment with a Doctor		
	20:15-20:30	Break		
Tuesday, December 2, 2025	17:30-18:45	Healthcare System in Latvia, Appointment with a Doctor		
	18:45-19:15	Coffee Break		
	18:30-19:15 19:15-19:30	Job search in Latvia (Vacancies, CV, Job Interviews) Break	I. Vanaga	42
	19:30-20:15	lob search in Latvia (Vacancies. CV. lob Interviews)		
	20:15-20:30	Break		
Tuesday, December 9, 2025	17:30-18:15	Social Insurance System in Latvia		
	18:15-18:30 18:30-19:15	Coffee Break Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits		
	19:15-19:30	Break	I. Vanaga	42
	19:30-20:15	Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits		
	20:15-20:30	Break		
Tuesday, December 16, 2025	17:30-18:45	Shopping and Public Transport Coffee Break		
	18:45-19:15 18:30-19:15	Payments for Internet, Telephone and other Services	_ *	
	19:15-19:30	Break	E. Ādmīdiņš	42
	19:30-20:15	Money School		
	20:15-20:30	Introductory Course Participants' Satisfaction Survey		
		END OF THE COURSE / KURSA BEIGAS		