



APPROVED:

J. Pasmaka
01.12.2025.

STUDY SCHEDULE / Nodarbību saraksts 03.12.2025-11.02.2026

Introductory course for citizens of third countries about life in Latvia / Ievadkurss trešo valstu pilsoņiem
at HOTEL SCHOOL Hotel Management College, 36 academic hours / "HOTEL SCHOOL" Viesniču biznesa koledža, 36 ak. stundas

Project No. / projekta nr. PMIF/13.3./2023/1/03

Address: Smilšu Str. 3, 4th floor, Riga / Adrese: Smilšu iela 3, 4. stāvs, Rīga

Group / Gruppa: IK5-DEC25 (Wednesday evenings plus some Saturdays in English / trešdienas vakari, kā arī dažas sestdienas angļu valodā)

Date / Datums	Time / Laiks	Topic / Tēma	Teacher / Pasniedzējs	Classroom / Auditorija	
Wednesday, December 3, 2025	17:30-17:45	Information on the Introductory Course Programme and Schedule, Attendance Rules and Certification	N. Stolarova	40	
	17:45-18:30	Short History of Latvia	I. Vanaga		
	18:30-18:45	Coffee Break			
	18:45-19:30	Short History of Latvia			
	19:30-19:45	Break			
	19:45-20:30	Latvian Cultural Traditions			
Wednesday, December 10, 2025	17:30-18:15	Latvian Cultural Traditions	E. Ādmidiņš	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Documentary "Baltic Tribes"			
	19:15-19:30	Break			
	19:30-20:15	Documentary "Baltic Tribes"			
	20:15-20:30	Break			
Wednesday, December 17, 2025	17:30-18:15	Political System of Latvia	I. Vanaga	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Political System of Latvia			
	19:15-19:30	Break			
	19:30-20:15	Political System of Latvia			
	20:15-20:30	Break			
Saturday, December 20, 2025	10:00-10:45	Visit to the Ethnographic Open-Air Museum of Latvia	E. Ādmidiņš	Field Trip	
	10:45-11:00	Break			
	11:00-11:45	Visit to the Ethnographic Open-Air Museum of Latvia			
	11:45-12:00	Break			
	12:00-12:45	Visit to the Ethnographic Open-Air Museum of Latvia			
	12:45-13:00	Break			
	13:00-13:45	Visit to the Ethnographic Open-Air Museum of Latvia			
	13:45-14:00	Break			
Wednesday, January 7, 2025	17:30-18:15	Accommodation Rentals in Latvia	I. Vanaga	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Accommodation Rentals in Latvia			
	19:15-19:30	Break			
	19:30-20:15	Accommodation Rentals in Latvia			
	20:15-20:30	Break			
Saturday, January 10, 2025	10:00-10:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)	I. Vanaga	Field Trip	
	10:45-11:00	Break			
	11:00-11:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)			
	11:45-12:00	Break			
	12:00-12:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)			
	12:45-13:00	Break			
Wednesday, January 14, 2025	17:30-18:15	Shopping and Public Transport	E. Ādmidiņš	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Payments for Internet, Telephone and other Services			
	19:15-19:30	Break			
	19:30-20:15	Money School			
	20:15-20:30	Break			
Wednesday, January 21, 2025	17:30-18:15	Educational System in Latvia	E. Ādmidiņš	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Educational System in Latvia			
	19:15-19:30	Break			
	19:30-20:15	Labour legislation			
	20:15-20:30	Break			
Wednesday, January 28, 2025	17:30-18:45	Job search in Latvia (Vacancies, CV, Job Interviews)	E. Ādmidiņš	40	
	18:45-19:15	Coffee Break			
	18:30-19:15	Job search in Latvia (Vacancies, CV, Job Interviews)			
	19:15-19:30	Break			
	19:30-20:15	Job search in Latvia (Vacancies, CV, Job Interviews)			
	20:15-20:30	Break			
Wednesday, February 4, 2025	17:30-18:15	Overview of the Most Important State Institutions and their Services in Latvia	I. Vanaga	40	
	18:15-18:30	Coffee Break			
	18:30-19:15	Healthcare System in Latvia, Appointment with a Doctor			
	19:15-19:30	Break			
	19:30-20:15	Healthcare System in Latvia, Appointment with a Doctor			
	20:15-20:30	Break			
Saturday, February 7, 2025	10:00-10:45	Visit to the National Library of Latvia	E. Ādmidiņš	Field Trip	
	10:45-11:00	Break			
	11:00-11:45	Visit to the National Library of Latvia			
	11:45-12:00	Break			
Wednesday, February 11, 2026	17:30-18:45	Social Insurance System in Latvia	I. Vanaga	40	
	18:45-19:15	Coffee Break			
	18:30-19:15	Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits			
	19:15-19:30	Break			
	19:30-20:15	Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits			
	20:15-20:30	Introductory Course Participants' Satisfaction Survey			
END OF THE COURSE / KURSA BEIGAS					

To receive a certificate of completion of the introductory course you must attend at least 80% of the classes - 29 hours of 36