



**STUDY SCHEDULE / Nodarbību saraksts 12.03.2026-14.05.2026**  
Introductory course for citizens of third countries about life in Latvia / Ievadkurss trešo valstu pilsoņiem  
at HOTEL SCHOOL, Hotel Management College, 36 academic hours / "HOTEL SCHOOL" Viesnīcu biznesa koledžā, 36 ak. stundas  
Project No. / projekta nr. PMIF/13.3./2023/1/03

Address: Smiļsu Str. 3, 4th floor, Riga / Adrese: Smiļšu iela 3, 4. stāvs, Rīga

**Group / Grupa: IK13-MAR26 (Thursday evenings plus some Saturdays in English /  
ceturtdienas vakari, kā arī dažas sestdienas angļu valodā)**

Date / Datums	Time / Laiks	Topic / Tēma	Teacher / Pasniedzējs	Classroom / Auditorija
Thursday, March 12, 2026	17:30-17:45	Information on the Introductory Course Programme and Schedule, Attendace Rules and Certification	N. Stolarova	40
	17:45-18:30	Short History of Latvia	I. Vanaga	
	18:30-18:45	Coffee Break		
	18:45-19:30	Short History of Latvia		
	19:30-19:45	Break		
Thursday, March 19, 2026	17:30-18:15	Latvian Cultural Traditions	I. Vanaga	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Documentary "Baltic Tribes"		
	19:15-19:30	Break		
	19:30-20:15	Documentary "Baltic Tribes"		
Thursday, March 26, 2026	17:30-18:15	Political System of Latvia	E. Ādmidiņš	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Political System of Latvia		
	19:15-19:30	Break		
	19:30-20:15	Political System of Latvia		
Thursday, April 2, 2026	14:00-14:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)	I. Vanaga	Field Trip
	14:45-15:00	Coffee Break		
	15:00-15:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)		
	15:45-16:00	Break		
	16:00-16:45	Riga Historical City Tour (incl. Museum of the Barricades of 1991)		
Thursday, April 9, 2026	17:30-18:15	Educational System in Latvia	E. Ādmidiņš	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Educational System in Latvia		
	19:15-19:30	Break		
	19:30-20:15	Labour legislation		
Saturday, April 11, 2026	10:00-10:45	Visit to the Ethnographic Open-Air Museum of Latvia	E. Ādmidiņš	Field Trip
	10:45-11:00	Break		
	11:00-11:45	Visit to the Ethnographic Open-Air Museum of Latvia		
	11:45-12:00	Break		
	12:00-12:45	Visit to the Ethnographic Open-Air Museum of Latvia		
Thursday, April 16, 2026	17:30-18:15	Accommodation Rentals in Latvia	E. Ādmidiņš	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Accommodation Rentals in Latvia		
	19:15-19:30	Break		
	19:30-20:15	Accommodation Rentals in Latvia		
Thursday, April 23, 2026	17:30-18:15	Overview of the Most Important State Institutions and their Services in Latvia	I. Vanaga	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Overview of the Most Important State Institutions and their Services in Latvia		
	19:15-19:30	Break		
	19:30-20:15	Healthcare System in Latvia, Appointment with a Doctor		
Saturday, April 25, 2026	10:00-10:45	Visit to the National Library of Latvia	E. Ādmidiņš	Field Trip
	10:45-11:00	Break		
	11:00-11:45	Visit to the National Library of Latvia		
	11:45-12:00	Break		
Thursday, April 30, 2026	17:30-18:45	Job search in Latvia (Vacancies, CV, Job Interviews)	I. Vanaga	40
	18:45-19:15	Coffee Break		
	18:30-19:15	Job search in Latvia (Vacancies, CV, Job Interviews)		
	19:15-19:30	Break		
	19:30-20:15	Job search in Latvia (Vacancies, CV, Job Interviews)		
Thursday, May 7, 2026	17:30-18:15	Social Insurance System in Latvia	E. Ādmidiņš	40
	18:15-18:30	Coffee Break		
	18:30-19:15	Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits		
	19:15-19:30	Break		
	19:30-20:15	Receiving Pension, Disability, Unemployment, Childcare Allowance and other Benefits		
Thursday, May 14, 2026	17:30-18:45	Shopping and Public Transport	E. Ādmidiņš	40
	18:45-19:15	Coffee Break		
	18:30-19:15	Payments for Internet, Telephone and other Services		
	19:15-19:30	Break		
	19:30-20:15	Money School		
	20:15-20:30	Introductory Course Participants' Satisfaction Survey		

END OF THE COURSE / KURSA BEIGAS

To receive a certificate of completion of the introductory course you must attend at least 80% of the classes - 29 hours of 36